Quick Start
Instruction Manual

Steadi-3 Plus



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more information

Steadiwear.

Steadi-3 Plus parts:



How to wear:

1. Turn the device upside down. Unfasten the strap, and loosen it as far as it will go.





How to wear:

2. Orient the device such that the button is facing towards you.

Left hand unit



Right hand unit



How to wear:

3. Slide your hand into the device such that your thumb is in between the straps that are closer together. Orient the device with the button facing you.



How to wear:

4. Pull the end of the strap to tighten the device, then fasten the strap in place.







How to Wash/Clean:

Use a wet wipe to clean the strap, bottom pad and stabilizer as needed.

Now you are ready to try it

Before trying the Steadi-3 Plus, take a few deep breaths. Anxiety can sometimes worsen tremors, so it's best to try it for the first time alone, in a quiet space where you feel comfortable.

It's normal to feel different at first, but using the glove is simple. Give yourself a moment to get used to how it feels.

When ready, try a simple movement—picking up a cup, holding a utensil, or using your phone. Switch between Standard and Enhanced Mode to see what works best for you.

We recommend using Steadi-3 in different situations over the next two weeks to see how it fits into your daily routine.

Take your time and explore what feels best.

Using the button:

Press the button to activate the enhanced mode. Press the stabiliser down to return to the standard mode until it clicks.

You can switch between Standard and Enhanced Mode at any time, depending on your needs.

Standard mode



Ideal for everyday use, providing effective stabilisation in most situations.

Enhanced mode



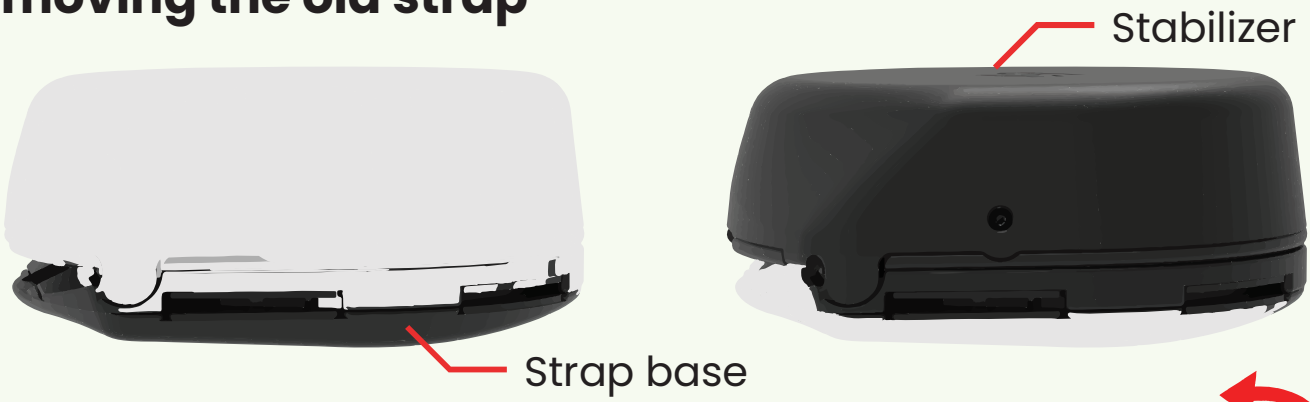
Increases stabilisation strength and offers greater resistance, providing additional support for tasks requiring enhanced steadiness.

Warning: Avoid placing your fingers in this area while switching modes.

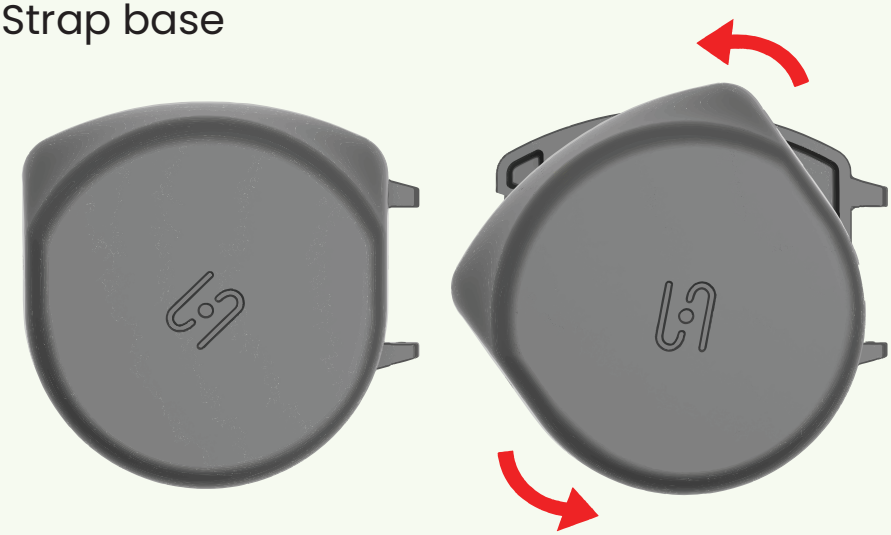
Replacing the strap:

It is normal for the strap to lose a small amount of adhesion over months of daily use. In order to maintain a secure and reliable fitment on your hand, we recommend replacing the strap of your Steadi-3 Plus every 3-6 months.

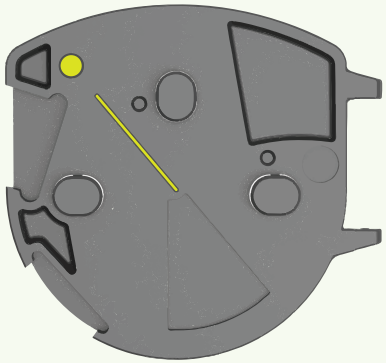
Removing the old strap



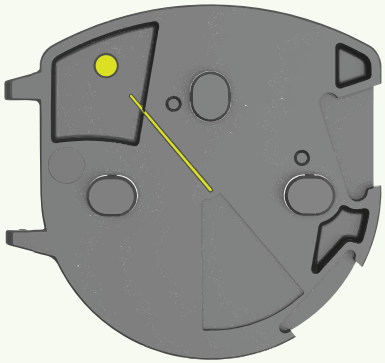
Hold the strap base steady with one hand. With the other hand, twist the stabiliser counter-clockwise. The stabiliser will be detached from the strap



Connecting a new strap



Right-hand strap



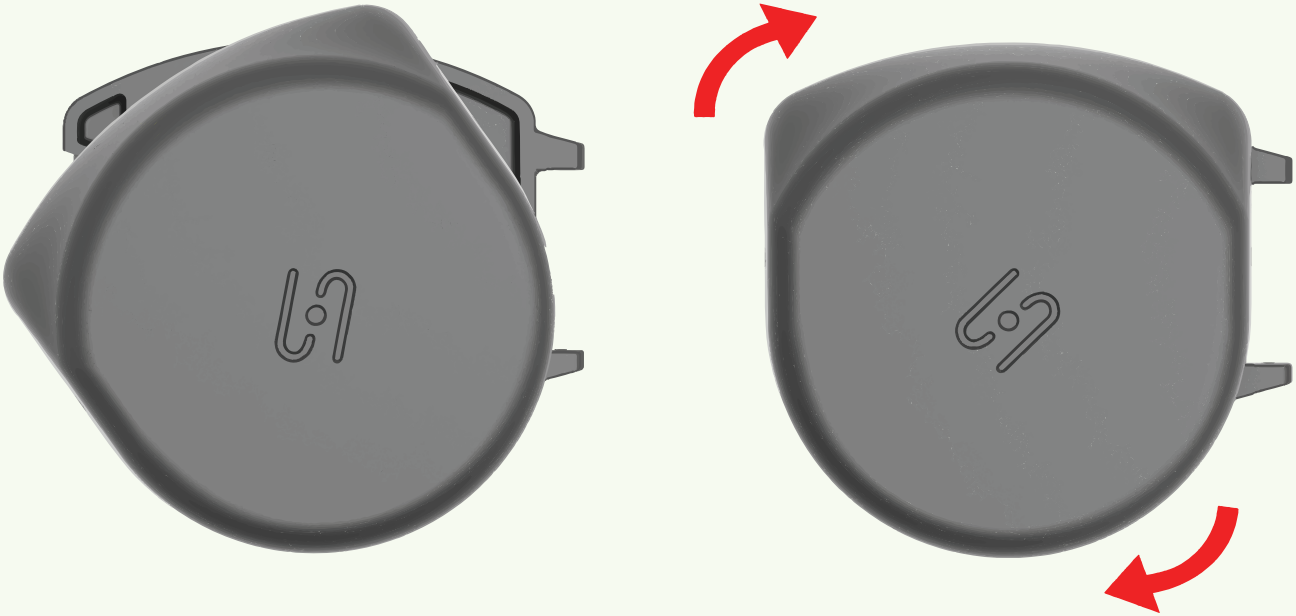
Left-hand strap

1. Position the stabiliser so that the front aligns with the yellow circle on the new strap



Connecting a new strap

2. Hold the strap base steady with one hand. With the other hand, twist the stabiliser clockwise firmly. The stabiliser will now be attached to the strap.



Important Safety Information

- Beware of magnetic interference. The Steadi-3 Plus stabiliser unit contains magnets. If you are undergoing an MRI, have a cardiac pacemaker, or other implantable medical electronic devices, please consult your healthcare provider prior to using the glove.

- Do not expose to flammable gas and high temperatures. Keep away from sources of ignition and direct heat, such as microwaves and ovens.

- Keep away from water. Do not immerse in, or expose to, excess water while handling. Failure to keep the product in a minimally wet environment may result in damage to the product.

- **Do not use the glove:**
  while driving or operating any form of machinery
  while operating sharp objects such as knives
  while running, exercising, climbing stairs, or playing sports in extreme weather conditions
  while sleeping
- **Do not disassemble the stabiliser unit.** Touching the product's internal parts could result in an injury. In the event of a malfunction, the product should be repaired only by Steadiwear Inc. technicians.
- **Travel friendly.** Steadi3 is safe for travel, and is classified as a Class 1 medical device. The device is battery-free and is activated upon sensing a tremor above 2 Hz. You will not require any special documentation.
- **Use product appropriately.** Use the product for the intended purpose only as described in the user manual.
- **External use only.** Do not open the stabiliser or consume components.
- **Keep out of reach from children.** Failure to adhere to this precaution can result in injury. Note that separate units of the glove can constitute a choking hazard. In such circumstances that a child does swallow any part of this product, immediately seek medical assistance.

Warranty disclaimer. Modification of the unit will void the warranty.

Once the product has been shipped for return, it can take up to 2 weeks to process your refund from the time your return arrives at our warehouse.

Return information
Contact Aurora BioScience. for product return:
Call customer service at 1300 309 994

Liability disclaimer
- In cases where the glove is used improperly (i.e. while playing high impact sports), Steadiwear Inc. will not be held liable.
- The use of the product does not guarantee protection from any injury.
- The use of the product does not guarantee any enhanced level of athletics or physical performance.
- Consult your healthcare provider for any adverse medical reactions or conditions as well as any questions pertaining to how the product applies to specific medical conditions.

Manufacturer Information

Manufacturer:
Steadiwear Inc.
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Toronto, Ontario, M5T 2C2
Canada

Manufacturing Plant:
Kenvox Industrial Group
No.1213, Building 6, Evergrande Modern Valley
Fulong RD, Dalang ST, Longhua
Shenzhen, 518109, China

Indications for Use

The Steadi-3 Plus is a passive wearable assistive device intended to be worn on the back of the hand to reduce upper-limb tremor during activities of daily living.

Indicated for:

- Adults with essential tremor (ET)
- Adults with Parkinson's-related tremor (mild resting tremor)
- Use during activities such as eating, drinking, writing, using a phone, and handling small objects

Not indicated for:

- Users under 18 years of age
- Persons with cardiac pacemakers or other active implantable medical devices
- Use on skin with open wounds, lesions, or active infection
- Suspected idiopathic Parkinson's disease with symptoms beyond mild resting tremor

Technical Specifications

Device

Device name	Steadi-3 Plus
Device type	Passive tremor stabilisation glove
Power source	None (fully passive, no battery)
Risk class	Class I medical device
Reusable	Yes
Sterility	Non-sterile

Physical

Total weight	300 g
Stabiliser dimensions Height	80 × 70 mm
(Standard mode) Height	36 mm
(Enhanced mode) Body	53 mm
contact area	Dorsum (back) of the hand

Performance

Operating principle	Tuned dynamic vibration absorber (DVA)
Target frequency	4.5 – 8 Hz
Activation threshold	Approx. 2 Hz tremor input
Modes	Standard and Enhanced

Materials & Environment

Skin-contact materials	Polyurethane foam, nylon, polyurethane rubber
Internal magnets	NdFeB N45 (sealed within housing)
MRI compatibility	MRI-Unsafe — remove before MRI
Storage temperature	+5 °C to +40 °C
Storage humidity	10% – 90% RH, non-condensing